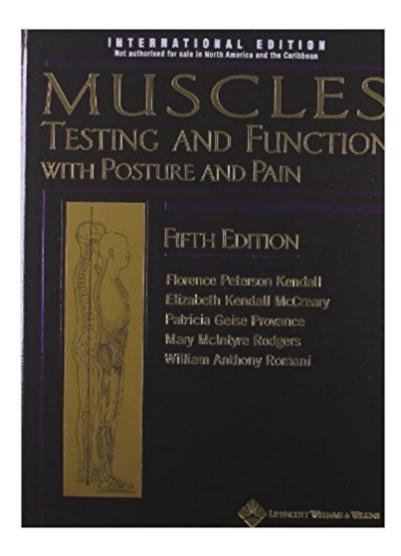


The book was found

Muscles: Testing And Function, With Posture And Pain





Synopsis

This renowned classic provides unparalleled coverage of manual muscle testing, plus evaluation and treatment of faulty and painful postural conditions. The thoroughly updated Fifth Edition is completely reorganized and has new, expanded treatment and exercise sections in each chapter. Other features include a new section on post-polio syndrome, additional case studies comparing Guillain-BarrÃ*f*© to polio muscle tests, a new full-color design, and a first-of-its-kind chart of upper extremity articulations.

Book Information

Hardcover: 560 pages Publisher: LWW; 5 edition (June 11, 2010) Language: English ISBN-10: 1451104316 ISBN-13: 978-1451104318 Product Dimensions: 8.7 x 1 x 11.2 inches Shipping Weight: 3.2 pounds (View shipping rates and policies) Average Customer Review: 4.6 out of 5 stars 72 customer reviews Best Sellers Rank: #539,355 in Books (See Top 100 in Books) #62 inà Â Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Chiropractic #106 inà Â Books > Medical Books > Allied Health Professions > Chiropractic #239 inà Â Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Physical Medicine & Rehabilitation

Customer Reviews

This is one of my favorite books about muscles! It delves deeper into testing for muscle instabilities and has great ideas on how to help spring them back into working shape.

As a certifed personal trainer and pilates instructor, I work primarily with individuals who are challenged with back pain and various joint problems. This book provides a clear and concise protocol and information for working with individuals with muscle imbalances. You definitely need a strong background in this area to understand and use the material appropriately. The DVD is also an excellet companion to the book.

Very in-depth look book about muscles

Well written and easy to follow

This book is packed with a wealth of information. It is about muscles (though not fascia, which is now known as essential, and integrative with muscles), postural assessments, muscle testing, chart noting and understanding difficulties bodies experience.

Recommended by my group of physical therapists as an essential to their libraries, I find it equally valuable for the aging fellow experiencing the aches and pains that accompany life past 60. This is not a book for the faint of pocket book as it is a text book and commands the inflated price. If you don't have frequent need for a muscle reference, I wouldn't spend the money, but it you like a complete story related to aches and pains of particular muscles, this is a nice book to own. I suspect that like airplanes, summer cabins, and box seats to the Yankees games, it is something you'd like your best friend to own.

Exactly as advertised and what we wanted. This item is just as pictured. Most useful product that arrived promptly and in good condition.

priority read for physical therapy and anatomy students :)

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